

Pressure measurement



Manometry

Esophageal manometry

Measurement of esophagus pressure

Purpose

The purpose is to examine the motor function of the esophagus and the sphincter between the esophagus and stomach.

Preparations

You must fast for six hours before the examination. This means that you should not eat anything for six hours. You may have one glass of water up until two hours before the examination if thirsty.

The examination

A catheter (4.2 mm) is passed through your nose , via the esophagus, and into the stomach. You must sit upright while the catheter is placed. During the procedure you will lie down.

You will drink portions of lukewarm, salty water during the examination in order to test your motor function during swallowing.

The procedure takes 10-15 minutes.

After the examination

No special precautions are necessary after the examination.

Complications

Complications after the procedure are rare.

Results

Your referring doctor will be informed of any findings. This may happen immediately if deemed necessary, but normally the results need to be analyzed before the results are submitted.

You may request a written statement confirming that you have been to this examination. However, a sick leave form (sykemelding) will not be issued by our staff.

Manometry is often combined with a 24h pH measurement procedure, which is then conducted directly after the manometry.