

Chromoendoscopy



Important information:

- You must perform the bowel emptying procedure before the examination. If the procedure is not done properly, the examination may not be possible to complete, or may not provide any relevant information. Please consult the accompanying leaflet about this.
- You need make some diet changes the last five days before the examination. Please consult the relevant chapter in this leaflet.
- If you use blood thinning medication, you may need to stop taking these temporarily some time before the examination. Please consult the relevant chapter in this leaflet.



Lovisenberg Diakonale Sykehus

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Kromoendoskopi 01-2020 eng



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What is chromoendoscopy?

Chromoendoscopy is a method for examining the large intestine (colonoscopy). A flexible catheter is inserted into the colon, and the tissue is sprayed with a colouring agent so that any abnormalities in the tissue become visible.

Preparations for the examination:

1. **Bowel emptying procedure (see separate leaflet).**
2. **Diet change (see the last page of this leaflet).**

Medication and other diseases

You must provide information about any medicines that have proven, adverse effects on you to us, and also state if you have any diseases such as angina pectoris, heart diseases or other diseases that affect your circulatory system, wound healing or bleeding, since this may affect our choice of procedure.

Medicines that may affect bleeding duration

- If you use on **Albyl-E**, continue taking it as normal up to the day of the appointment.
- If you use **Xarelto, Eliquis** or **Pradaxa**, you should stop taking it two days before the appointment.
- If you use **Plavix, Brilique** or **Efient**, please contact us minimum one week before your appointment.
- If you use **Marevan**, you should stop taking it three days before the examination. You will also need to come to the reception desk at Medisinsk poliklinikk one hour before your appointed examination time to inform us of this, so that you can have your INR levels checked at our laboratory prior to the examination. However:
- If you have previously had an operation to insert mechanical heart valves, **you must contact us as soon as possible**, so that a medication change from Marevan to Fragmin can be arranged.

The examination procedure

The procedure lasts 1 to 1.5 hours.

You may experience some discomfort and gas pains during the examination.

If you need calming or pain relieving medication, a cannula will be inserted into your arm in order to provide this.

After the examination

If medication has been administered as mentioned above, you must rest a up to a few hours after the examination. You may not drive motorized vehicles until the next day.

The referring doctor will be informed of the results of your examination. If tissue samples have been taken, the referring doctor will be informed of the results in 4-8 weeks.

We suggest you bring some food you can eat after your appointment.

You can request a written statement confirming that you have been to this examination. However, a sick leave form (sykemelding) will not be issued by our staff.

Complications

Complications following chromoendoscopy are rare.

If tissue samples are taken or a polyp is removed, there will be a small wound in the mucous membrane. Bleeding is rare, but may appear up to four days after the examination. If so, it normally stops by itself.

Should you fall ill after returning home, please call your local doctor (fastlege) or call the hospital reception (tel. 23 22 50 00) and ask for the physician on duty at the medical clinic (vakthavende lege, medisinsk klinikk).